

Join our Member Connect Program

## Friendship is a phone call away

Talking is good medicine. The fact is long-term isolation can lead to physical and emotional issues. That's why we created the Member Connect Program.



## With our Member Connect Program, you'll get:



Friendly calls each week from a phone pal.



Connection to social events and community resources in your area.



Social support that can improve your overall health and well-being.

## Here are some words from those who are in the program:

"You put a smile on my face every time you call."

- Carol

"If it wasn't for your calls, the TV is the only voice I would hear."

- Nancy

"Best part of my week is getting your calls."

- David

If you'd like to join, please call 844-451-2102 Monday–Friday 8 a.m. to 6 p.m. ET to get started.



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