

KAISER: Family Planning/Fertility Services - Benefits

Description	2025 coverage	2026 coverage*
Family Planning Services		
Family Planning Counseling	\$20 per visit	No change
Injectable contraceptives, internally implanted time-release contraceptives or intrauterine devices (“IUDs”) and office visits related to their insertion, removal, and management when provided to prevent pregnancy	\$20 per visit	No change
Sterilization procedures for Members assigned female at birth if performed in an outpatient or ambulatory surgery center or in a hospital operating room	\$100 per procedure	No change
All other sterilization procedures for Members assigned female at birth	\$20 per visit	No change
Sterilization procedures for Members assigned male at birth if performed in an outpatient or ambulatory surgery center or in a hospital operating room	\$100 per procedure	No change
All other sterilization procedures for Members assigned male at birth	\$20 per visit	No change
Plan Doula Services		
Initial, prenatal, or postpartum visits	No charge	No change
Support during labor and delivery	No charge	No change
Fertility Services		
Office Visits	50% Coinsurance	No change
Outpatient surgery and outpatient procedures (including imaging and diagnostic Services) when performed in an outpatient or ambulatory surgery center or in a hospital operating room, or any setting where a licensed staff member monitors your vital signs as you regain sensation after receiving drugs to reduce sensation or minimize discomfort	50% Coinsurance	No change
Any other outpatient surgery that does not require a licensed staff member to monitor your vital signs as described above	50% Coinsurance	No change
Outpatient imaging	50% Coinsurance	No change
Outpatient laboratory	50% Coinsurance	No change
Outpatient administered drugs	50% Coinsurance	No change
Hospital inpatient Services (including room and board, drugs, imaging, laboratory, other diagnostic and treatment Services, and Plan Physician Services)	50% Coinsurance	No change
Artificial Insemination		
Office visits	50% Coinsurance	No change
Outpatient surgery and outpatient procedures (including imaging and diagnostic Services) when performed in an outpatient or ambulatory surgery center or in a hospital operating room, or any setting where a licensed staff member monitors your vital signs as you regain sensation after receiving drugs to reduce sensation or minimize discomfort	50% Coinsurance	No change
Any other outpatient surgery that does not require a licensed staff member to monitor your vital signs as described above	50% Coinsurance	No change
Outpatient imaging	50% Coinsurance	No change
Outpatient laboratory	50% Coinsurance	No change

Outpatient administered drugs	50% Coinsurance	No change
Hospital inpatient Services (including room and board, drugs, imaging, laboratory, other diagnostic and treatment Services, and Plan Physician Services)	50% Coinsurance	No change

Assisted Reproductive technology ("ART") Services

Assisted reproductive technology ("ART") Services such as invitro fertilization ("IVF"), gamete intra-fallopian transfer ("GIFT"), or zygote intrafallopian transfer ("ZIFT")	Not Covered	<p>The baseline coverages will include the following services:</p> <ul style="list-style-type: none"> - Services required to diagnose infertility, including laboratory and imaging services - Services to treat infertility, including medications, artificial insemination, and in vitro fertilization <p>Applicable cycle and/or benefit maximums must have regulatory approval.</p> <p>Members will have the same cost share for fertility services (such as imaging or lab tests) as they do when they receive those services for other conditions. Deductibles, copayments, and coinsurance for fertility services will be applied to any out-of-pocket maximums for their benefit plan.</p>
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***2026 benefits pending regulatory approval and any changes made by the group to the contract. The Department of Managed Health Care (DMHC) and the California Department of Insurance (CDI) will provide the final approval of fertility benefits and cost share as well as minimums and maximum benefits. The above benefits apply to the active employee and early retiree (Non-Medicare) population. Please note the mandate does not apply to Medicare members.**

KAISER: Maternity Care

Description

Website

Maternity Care

Classes offered: preparing for childbirth, prenatal yoga, breastfeeding, Newborn Care

kp.org/classes

In-depth resources for every stage of pregnancy, labor, and delivery. Additionally for baby's first few weeks at home. kp.org/maternity

Giving birth is hard work — but you get an amazing reward at the end. Making a birth plan lets you tell us how you envision your day, so we can do our best to honor your wishes and help you have a safe, positive experience.

kp.org/birthplan

Experts recommend feeding your baby nothing but breast milk for the first 6 months. Learning to breastfeed can be difficult and frustrating — many new moms struggle at first.

kp.org/breastfeeding

If you choose to nurse your baby, you'll get plenty of support from us. Board-certified lactation consultants are available to give you one-on-one support — both in the hospital and after you go home.

Doula Care

We cover doula care for pregnancy, labor, and postpartum, as well as pregnancy loss or abortion, at no extra cost for California members on specific plans.* kp.org/doula

Included Coverage:

11 visits per pregnancy, in any combination of prenatal and postpartum visits, for up to 12 months after pregnancy
Support during labor and birth
Support for pregnancies that end in stillbirth, miscarriage, or abortion

Types of doula support

Preparation — Providing information on birth options and procedures, so you can make informed choices about your care

kp.org/doula

Birth preferences — Helping you develop a plan you'll share with your care team that expresses your wishes and goals for your birth experience, including pain management and newborn feeding

Labor coaching — Offering nonmedical techniques to help you relax, cope with pain, and progress through labor

No expected changes to member programs in 2026

*Included plans: Kaiser Permanente members who have California commercial plan benefits, including ACA-compliant grandfathered plans, KPIF, WARCO and FEHBP/PSHB Medicare health plans, and D-SNP plans at no extra cost. Certain Kaiser Permanente Insurance Company tiers may have a cost share based on existing plan benefits.