Are You Prepared To Apply For A Job Online?

Online Job Search Tips:

- 1. Use a working email account with a professional sounding name.
- Create a thorough resume and know how to attach it to an email.
- 3. Write an effective letter of intent for the job you want.
- 4. Learn to research jobs and apply online.
- Use a reliable phone line to schedule a face-to-face interview.
- 6. Practice interviewing so that you become more comfortable with the process.



Follow Up Survey! Please Participate!

Someone from DOTS will be contacting you during the first two years after high school. We want to know how you are doing and can provide resources and information about how to further your education, obtain vocational training, and search for job openings in your area of interest!



Our Mission Statement

The District Office of Transition Services is committed to empowering all students with disabilities, beginning at age 14, with the skills necessary to achieve their full potential in adult living, through support and collaboration with families, schools and communities.



Los Angeles Unified School District
Division of Special Education
Beth Kauffman
Associate Superintendent

DISTRICT OFFICE OF TRANSITION SERVICES
333 South Beaudry Ave., 17th Floor
Los Angeles, CA 90017
Phone: 213.241.8050
http://dots.lausd.net

Call DOTS Today!

Students with disabilities who have completed or graduated from high school and/or their families should call DOTS for more information about job search assistance, local facilities offering vocational training, and other opportunities to further their education.

Information to Help Make Important

Life Choices

For Young Adults with Disabilities

San Fernando Valley

(The Van Nuys/Foothill District)



Making Informed Decisions About Life After High School



Updated March 2017

Support and Job Search Assistance

Department of Rehabilitation and other job search agencies provide support and job search assistance.

Department of Rehabilitation

Van Nuys/Foothill District Office

15400 Sherman Way, Suite 480 Van Nuys, CA 91406 (818) 901-5024 (Voice) (818) 901-4509 (TTY) (844) 729-2800 (TTY)

Glendale Branch

425 W. Broadway, Suite 200 Glendale, CA 91204-1210 (818) 551-2141

Santa Clarita Branch

(661) 799-1020 (Voice) (844) 729-2800 (TTY) 23838 Valencia Blvd., Suite 303 Santa Clarita, CA 91355-5319

West Valley Branch

6800 Owensmouth Ave., Suite 100 Canoga Park, CA 91303-2098 (818) 596-4302 (Voice) (844) 729-2800 (TTY)

Job Search Services

Employment Development Department (EDD)

www.edd.ca.gov

Work Source California

www.worksourcecalifornia.com/

America's Job Center of California

www.americasjobcenter.ca.gov

Independent Living

Regional Centers and Family Resource Centers assist people with disabilities in making the transition to independent living or semi-independent living after high school.

Regional Centers

www.dds.ca.gov/RC/RCList.cfm

Family Resource Centers

www.familyresourcenetworklac.org

Vocational Training

Occupational and Skills Centers offer vocational education classes. These can lead to skill certificates, which look great on a resume and help prepare you for employment!

Occupational and Skills Centers

Division of Adult and Career Education

333 S Beaudry Ave. 18th Floor Los Angeles, CA 90017 (213) 241-3150 www.laadulted.com

North Valley Occupational Center

11450 Sharp Ave. Mission Hills, CA 91345 Disabilities Support Services: (818) 256-1400 http://nvoc.org/

West Valley Occupational Center

6200 Winnetka Ave. Woodland Hills, CA 91367 Disability Support Services: (818) 346-3540 www.wvoc.net





Post High School Education

Community colleges offer the opportunity to meet academic, technical, and vocational goals. You can earn skill certificates and certifications as well as an Associate's Degree, and can transfer to a four year college after completing coursework.

Community Colleges

Pierce College

6201 Winnetka Avenue Woodland Hills, CA 91371 Office of Special Services: (818) 719-6430 https://piercecollege.edu/

Los Angeles Valley College

5800 Fulton Avenue Valley Glen, CA 91401 Services for Students with Disabilities: (818) 947-2681 www.lavc.edu

Los Angeles Mission College

13356 Eldridge Avenue Sylmar, CA 91342 Disabled Students Programs and Services: (818) 364-7732 http://www.lamission.edu/

Make sure you sign up with the office on campus that assists students with disabilities. They can assist in providing resources for a successful post-high school educational experience.