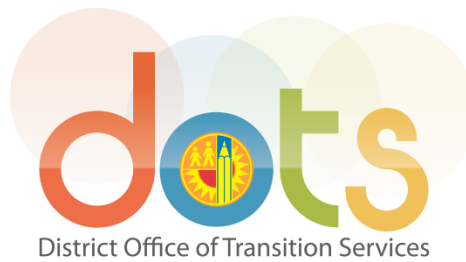


# Are You Prepared To Apply For A Job Online?

## Online Job Search Tips:

1. Use a working email account with a professional sounding name.
2. Create a thorough resume and know how to attach it to an email.
3. Write an effective letter of intent for the job you want.
4. Learn to research jobs and apply online.
5. Use a reliable phone line to schedule a face-to-face interview.
6. Practice interviewing so that you become more comfortable with the process.



### Our Mission Statement

The District Office of Transition Services is committed to empowering all students with disabilities, beginning at age 14, with the skills necessary to achieve their full potential in adult living, through support and collaboration with families, schools and communities.



LOS ANGELES UNIFIED SCHOOL DISTRICT  
DIVISION OF SPECIAL EDUCATION

**Beth Kauffman**  
ASSOCIATE SUPERINTENDENT

DISTRICT OFFICE OF TRANSITION SERVICES  
333 South Beaudry Ave., 17<sup>th</sup> Floor  
Los Angeles, CA 90017  
Phone: 213.241.8050  
<http://dots.lausd.net>

### Call DOTS Today!

Students with disabilities who have completed or graduated from high school and/or their families should call DOTS for more information about job search assistance, local facilities offering vocational training, and other opportunities to further their education.

### Follow Up Survey! Please Participate!

Someone from DOTS will be contacting you during your first two years after high school. We want to know how you are doing and can provide resources and information about how to further your education, obtain vocational training, and search for job openings in your area of interest!

# Information to Help Make Important Life Choices

*For Young Adults with Disabilities*

## South Bay



Making Informed Decisions  
About Life After High School



Updated March 2017

## Support and Job Search Assistance

Department of Rehabilitation and other job search agencies provide support and job search assistance.

### **Department of Rehabilitation**

#### **Pacific Gateway Branch**

1149 West 190<sup>th</sup> Street, Suite 2200  
Gardena, CA 90248-4333  
(310) 217-6955 (Voice)

#### **Los Angeles South Bay District Office**

4300 Long Beach Blvd., Suite 200  
Long Beach, CA 90807-2008  
(562) 422-8325 (Voice)  
(844) 729-2800 (TTY)

#### **Compton Branch**

1929 West Artesia Blvd., Suite C  
Compton, CA 90220-5304  
(310) 637-1151 (Voice)

### **Job Search Services**

#### **Employment Development Department (EDD)**

[www.edd.ca.gov](http://www.edd.ca.gov)

#### **Work Source California**

[www.worksourcecalifornia.com/](http://www.worksourcecalifornia.com/)

#### **America's Job Center of California**

[www.americasjobcenter.ca.gov](http://www.americasjobcenter.ca.gov)

## Independent Living

Regional Centers and Family Resource Centers assist people with disabilities in making the transition to independent living or semi-independent living after high school.

#### **Regional Centers**

[www.dds.ca.gov/RC/RCList.cfm](http://www.dds.ca.gov/RC/RCList.cfm)

#### **Family Resource Centers**

[www.familyresourcenetworklac.org](http://www.familyresourcenetworklac.org)

## Vocational Training

Occupational and Skills Centers offer vocational education classes. These can lead to skill certificates and certifications, which look great on a resume and help prepare you for employment!

### **Occupational and Skills Centers**

#### **Division of Adult and Career Education**

333 S Beaudry Ave, 18<sup>th</sup> Floor  
Los Angeles, CA 90017  
(213) 241-3150  
<http://www.laadulted.com/>

#### **Harbor Occupational Center**

740 N. Pacific Ave.  
San Pedro, CA 90731  
(310) 241-4800  
<http://www.harboroc.org/>

#### **Los Angeles Technology Center**

3721 W. Washington Blvd.  
Los Angeles, CA 90018  
(323) 373-2300  
<http://latcdace.com/>

#### **Maxine Waters Center**

10925 S. Central Ave.  
Los Angeles, CA 90059  
(323) 357-7700  
<http://www.waterstrainingcenter.org/>

#### **Slawson Southeast Occupational Center**

5500 Rickenbacker Road  
Bell, CA 90201  
(323) 729-6400  
<http://www.slawsonoccupationalcenter.org/>



## Post High School Education

Community colleges offer the opportunity to meet academic, technical and vocational goals. You can earn skill certificates and certifications as well as an Associate's Degree, and can transfer to a four year college after completing coursework.

### **Community Colleges**

#### **Los Angeles Community Colleges**

<http://www.laccd.edu/>

#### **Harbor College**

1111 Figueroa Place  
Wilmington, CA 90744  
Special Program and Services  
(310) 233-4629  
<http://www.lahc.edu/>

#### **Los Angeles Southwest College**

1600 W. Imperial Hwy  
Los Angeles, CA 90047  
Disabled Students Program and Services  
(323) 241-5480  
<http://www.lasc.edu/>

#### **El Camino College**

16007 Crenshaw Blvd  
Torrance, CA 90506  
Special Resource Center  
(310) 660-3295  
<http://www.elcamino.edu/>

**Make sure you sign up with the office on campus that assists students with disabilities. They can assist in providing resources for a successful post-high school educational experience.**