

Resource:	Available To:	About:	Contact Information:
<b>Human Resources and Personnel Commission</b> EASE, a specialized Employee Assistance Program (EAP)	All LAUSD employees	Free and immediate access to speak to a counselor, as well as telehealth and face-to-face counseling services.	EASE link located on: <a href="https://www.lausd.org/domain/1438">https://www.lausd.org/domain/1438</a>  24/7 EASE Hotline (1-800-882-1341)
<b>Anthem</b> Anthem's Employee Assistance Program (EAP)	Anthem members	Mental health support and resources to help with legal and financial concerns, dependent-care needs, and other life challenges.	Online resources for <a href="#">mental health support</a> .  24/7 EAP crisis line (1-877-208-8240)  Call <b>988</b> or go to <a href="https://988lifeline.org">988lifeline.org</a> to reach the confidential Suicide & Crisis Lifeline.
<b>Anthem Medicare Advantage</b>	Anthem Medicare Advantage retirees	Access to essential healthcare services, customer service, and mental health support.	24/7 Mental Health Support and Counseling <a href="#">LiveHealth Online</a> .  Online Resources <a href="http://www.anthem.com/ca">www.anthem.com/ca</a> .
<b>VSP Vision Care</b>	VSP members	Assistance to fulfill the eye care needs of those directly affected and replace eyewear lost or broken due to the fires.	Member Services Support (1-800-877-7195)  Online resources for Vision Care: <a href="https://www.vsp.com/natural-disaster-resources">https://www.vsp.com/natural-disaster-resources</a> .
<b>America Red Cross</b>	All employees	Support for replacement eyewear, which may include VSP Eyes of Hope gift certificates or an alternative solution.	American Red Cross chapter or shelter, call: 1-800-RED-CROSS (1-800-733-2767)
<b>Kaiser</b>	Kaiser members	Find updates on Kaiser Permanente facility closures, prescription access, health and safety recommendations for people with respiratory issues, and mental health resources.	24/7 Member Services line (1-800-464-4000). Spanish (1-800-788-0616). Chinese (1-800-757-7585). TTY: (711).  Online Resources: <a href="#">Update on Southern California fires   Kaiser Permanente</a>
<b>Health Net</b>	Health Net members	Access to needed prescription medications, healthcare services, and more, such as support with grief, stress, or trauma linked to the fires.  Find Social Services for local food, shelter, legal assistance, and more at <a href="http://www.findhelp.org">www.findhelp.org</a> .	24/7 Health Net Behavioral Health Services line (1-800-400-8987) (TTY:711).  Website: <a href="http://www.healthnet.com">www.healthnet.com</a> Resource Flyer PDF: <a href="#">Impacted by the Wildfires?</a> Prescriptions Support: (1-800-400-8987)