

myC.R.E.W.

Creating Resilience Empowering Wellness

MISSION STATEMENT

BSAP Mental Health and Wellness is on a mission to promote mental health and wellness at all BSAP Group 1 schools. Through Peer- to-Peer mentorship led by BSAP PSWs, we are cultivating healthy social connections, setting positive examples, and organizing school-wide student led mental health events. myC.R.E.W. addresses the issues that affect the mental health and wellness of Black students to ensure their academic success. All student allies are welcome.

We will make a difference together!



CONNECTION IS KEY!

Connectedness is a key protective factor against suicide, particularly for Black youth, as strong relationships with family, peers, and community reduce stress and feelings of isolation. Research shows that social support can buffer against suicide risk, and culturally affirming connections foster resilience and a sense of belonging (Centers for Disease and Prevention{CDC},2023).

BLACK YOUTH SUICIDE DATA

- The suicide death rate among Black Youth has been found to be increasing faster than any other racial/ethnic group within the United States.
- As of 2018, suicide became the second leading cause of death in Black children aged 10-14, and the third leading cause of death in Black adolescents aged 15-19.
- Notably between 2007 and 2020, the suicide rate for Black adolescents aged 10-17 increased by 144%, the fastest rate among any racial group (CDC,2023).

BSAP GROUP 1 PILOT SCHOOLS

- 54th ES
- 59th St. ES
- 74th St ES
- 92nd Street
- 95th St ES
- 107th St. ES
- Annalee ES
- Audubon MS
- Barrett ES
- Bradley Global Awareness
- Brentwood Science Magnet ES
- Bret Harte MS
- Carson HS
- Cimarron ES
- Crescent Heights ES
- Crenshaw HS
- Dana MS
- Dorsey HS
- Drew MS
- Dymally HS
- Fairfax HS
- Foshay LC
- Fremont HS
- Gardena HS
- Hamilton HS
- Hillcrest ES
- Joyner ES
- Knox ES
- LaSalle ES
- Los Angeles High School
- Manhattan Place ES
- Manual Arts HS
- Marina Del Rey MS
- Muir MS
- Narbonne HS
- Paseo Del Rey ES
- Peary MS*
- Purche ES*
- Raymond ES
- UCLA Mann
- Venice HS
- West Athens ES
- Westchester HS
- Windsor Hills ES
- Woodcrest ES
- YES Academy