

**MOTIONS/RESOLUTIONS PRESENTED TO
THE LOS ANGELES CITY BOARD OF EDUCATION FOR CONSIDERATION**

SUBJECT: Promoting Healthy Habits and Reducing Food Waste through Analysis and Advocacy (Res-024-16/17)

DATE NOTICED: 09-20-16, 9am

PRESENTED FOR ACTION: 09-20-16

PRESENTED BY: Ms. Ratliff, Mr. Schmerelson **MOVED/SECONDED BY:**

MOTION:

RESOLUTION: x

Whereas, The U.S. Department of Agriculture’s National School Lunch Program, School Breakfast Program, and Afterschool Supper Program require milk to be offered with each school meal in order for the District to receive reimbursement;

Whereas, In 2011, the Governing Board of the Los Angeles Unified School District voted, 5-2, to approve a five year, \$100 million dairy contract that excluded chocolate and strawberry milk;

Whereas, A study by Cornell University researchers concluded that, “Removing chocolate milk from school cafeterias may reduce calorie and sugar consumption, but it may also lead students to take less milk overall, drink less (waste more) of the white milk they do take;”

Whereas, Research shows that when flavored milk is removed as an option, overall milk consumption drops by approximately 24-37%, potentially depriving students of valuable nutrients;

Whereas, Assembly Bill 1826 – Chesbro (2014) requires businesses to recycle their organic waste after April 1, 2016, depending on the amount of waste they generate per week;

Whereas, In order to meet the mandate of AB 1826, the District will require the separation of liquid and solid waste, with leftover milk being poured into trash bags that will be hauled to landfills;

Whereas, Currently, leftover milk from Breakfast in the Classroom is poured down classroom sinks;

Whereas, A 2015 study by the District’s Office of Environmental Health and Safety determined that in any given week the District is throwing out approximately 600 tons of organic waste, including liquid;

Whereas, According to the American Heart Association, “when sugars are added to otherwise nutrient-rich foods, such as sugar-sweetened dairy products like flavored milk...the quality of children’s and adolescents’ diets improves, and in the case of flavored milks, no adverse effects on weight status were found;”

Whereas, The 2015 *Dietary Guidelines for Americans* recommends that a healthy eating pattern includes: fat-free or low-fat dairy, including milk, yogurt, cheese, and/or fortified soy beverages;

SUBJECT: September as Student Attendance Month and Affirm District Goals of Increasing Attendance (Res-008-16/17)

Whereas, The American Heart Association and the American Academy of Pediatrics also recommend children drink low-fat and fat-free milk each day;

Whereas, The U.S.D.A. requires that water be available during meal service, but water cannot be offered as an alternative to milk, as it is not considered part of the reimbursable meal; now, therefore, be it

Resolved, That the Governing Board of the Los Angeles Unified School District hereby directs the Superintendent to implement the following pilot programs at interested schools during the 2016-2017 school year to study viable options for increasing dairy consumption and reducing food waste:

- 1) Flavored Milk Pilot Program
Reintroduce flavored milk options at select schools to study impact on milk consumption and food waste.
- 2) Educational Campaign Pilot Program
Conduct an educational campaign at select schools, which do not offer flavored milk, on the benefits of drinking milk to study the impact on milk consumption and food waste.
- 3) White Milk Display Pilot Program
Provide select schools, which only offer white milk, display coolers to store milk to study the impact on milk consumption and food waste.
- 4) Mixed Milk Display Pilot Program
Provide select schools, which offer both white and flavored milk, display coolers to store milk to study the impact on milk consumption and food waste;

Resolved further, That the Superintendent direct appropriate staff to provide a report analyzing the recent impact of serving only white milk in schools, including such metrics as changes in school attendance, visits to the nurse's offices, and results from fitness exams; and, be it finally

Resolved, That the Superintendent direct the Office of Government Relations to draft a report on the possibility, potential benefits and disadvantages of advocating to eliminate milk from U.S.D.A. reimbursement rules, encourage reimbursement if water is the only available liquid and report back to the Board within 45 days.

SUBJECT: September as Student Attendance Month and Affirm District Goals of Increasing Attendance (Res-008-16/17)

AYES **NOES** **ABSTAIN** **ABSENT**

Ms. Garcia				
Dr. McKenna				
Ms. Ratliff				
Dr. Rodriguez				
Mr. Schmerelson				
Dr. Vladovic				
Mr. Zimmer				
TOTAL				

ACTION: POSTPONED TO 10/18/16