



SUMMER 2022 - Breakfast Menus

MENUS ARE SUBJECT TO CHANGE

Summer Breakfasts will be served in selected sites during the months of June and July.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Deluxe Cereal Bowl - V Fresh Fruit Fruit Juice Got Milk	Cinnamon Pan Dulce - V OR Cheese Stuffed Pocket - V Fresh Fruit Fruit Juice Got Milk	Café LA Coffee Cake - V Fresh Banana Fruit Juice Got Milk	Deluxe Cereal Bowl - V OR Buttery Maple Waffle - V Fresh Fruit Fruit Juice Got Milk	Blueberry Muffin - V OR Fiesta Bean & Cheese Burrito - V Fresh Fruit Fruit Juice Got Milk

VERANO 2022 - Menús Desayuno

Los desayunos de verano se servirán en sitios seleccionados durante los meses de junio y julio.

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
Cereal - V Fruta Jugo de Fruta Leche	Pan Dulce de Canela - V Fruta Jugo de Fruta Leche	Pan Dulce Café LA - V Banano Jugo de Fruta Leche	Cereal - V O Waffle con Miel Maple - V Fruta Jugo de Fruta Leche	Muffin de Arándanos - V O Burrito de Frijoles y Queso - V Fruta Jugo de Fruta Leche

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students **MUST** take at least 3 components as part of their lunch.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

Fresh Fruit: Apple Slices, Apple, Orange, Peach, Nectarine

Deluxe Cereal Choices: Rice Chex, Blueberry Chex, Cinnamon Chex, Cinnamon Toast Crunch, Honey Cheerios, Honey Bunches of Oats

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