

NOVEMBER 2019 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>EEC Breakfast (Prep Sites)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
				11-1 Turkey Ham & Cheese on Hawaiian Roll Fruit- S Got Milk
11-4 Crunchy Cereal - V Fruit- S Got Milk	11-5 Chicken Pancake Sandwich Fruit- S Got Milk	11-6 French Toast Trio - V Fruit - S Got Milk	11-7 Morning Beef Sausage Sandwich - V Fruit- S Got Milk	11-8 Fiesta Bean & Cheese Burrito - V Fruit- S Got Milk
11-11 VETERANS DAY HOLIDAY	11-12 Crunchy Cereal - V Fruit - S Got Milk	11-13 Gourmet Waffles- V Fruit - S Got Milk	11-14 Turkey Ham & Cheese on Hawaiian Roll Fruit- S Got Milk	11-15 Chicken Pancake Sandwich Fruit- S Got Milk
11-18 Crunchy Cereal - V Fruit- S Got Milk	11-19 French Toast Trio - V Fruit- S Got Milk	11-20 Morning Beef Sausage Sandwich Fruit - S Got Milk	11-21 Cinnamon Pancakes - V Fruit- S Got Milk	11-22 Italian Cheese Pocket - V Fruit- S Got Milk
11-25 French Toast Trio - V Fruit- S Got Milk	11-26 Turkey Ham & Cheese on Hawaiian Roll Fruit Cup Got Milk	11-27 Crunchy Cereal - V Fruit - S Got Milk	THANKSGIVING DAY HOLIDAY	

All of the Grain/Bread items served are Whole Grain Rich.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free
V: Vegetarian items

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