



# Grades K-5 Lunch

# May 2019 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>All of the Grain/Bread items served are Whole Grain Rich.</b> Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable). <b>S:</b> Items with an (S) can be saved for later <b>V:</b> Vegetarian items **Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt &amp; Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito</p>		<p>5-1 Zesty Beef Chalupa Chicken Caesar and Cheesy Bread Fiesta Pinto Beans Petite Baby Carrots - <b>S</b> Fruit Cup</p>	<p>5-2 Manager's Choice Turkey Ham &amp; Cheese Melt Roasted Potato Wedges Petite Baby Carrots - <b>S</b> Fruit Cup</p>	<p>5-3 Teriyaki Beef Dipper Rice Bowl Yellow Submarine Sandwich or Classic Tuna Sandwich Broccoli Buds Fresh Garden Salad Frozen Fruit Cup</p>
<p>5-6 Bean &amp; Cheese Pupusa Curtido Slaw - <b>V</b> Whole Grain Cheese Pizza Wedge - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Mini Potato Tots Rainbow Carrots - <b>S</b> Fruit - <b>S</b></p>	<p>5-7 Mini Chicken Corn Dogs Deli Turkey &amp; Cheese Sandwich Waffle Cut Fries Fresh Garden Salad Fruit Cup</p>	<p>5-8 Taco Bean Dip Crunchy Tortilla Chips - <b>S</b> Chicken Caesar and Cheesy Bread Flavor Snapping Jicama Tangy Salsa Cup Fruit Cup</p>	<p>5-9 <i>New!</i> Chicken Tenders, Homestyle Garlic Breadstick Turkey Ham &amp; Cheese Melt Ruffle Fries Rainbow Carrots - <b>S</b> Frozen Fruit Cup</p>	<p>5-10 Mesquite BBQ Pork Sandwich Yellow Submarine Sandwich or Classic Tuna Sandwich Fiesta Pinto Beans Fresh Garden Salad Fruit Cup</p>
<b>FRESH Attitude Week FRESH Attitude Week</b>				
<p>5-13 Cheese Ravioli - <b>V</b> Artisan Roll - <b>S</b> Whole Grain Cheese Pizza Wedge - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Mini Potato Tots Petite Baby Carrots - <b>S</b> Fruit Cup</p>	<p>5-14 Philly Cheese Steak Sandwich Deli Turkey &amp; Cheese Sandwich Waffle Cut Fries Fresh Garden Salad Frozen Juice Slush</p>	<p>5-15 Zesty Beef Chalupa Chicken Caesar and Cheesy Bread Fiesta Pinto Beans Petite Baby Carrots - <b>S</b> Fruit - <b>S</b></p>	<p>5-16 WG Chicken Pepperoni Pizza Turkey Ham &amp; Cheese Melt Roasted Potato Wedges Petite Baby Carrots - <b>S</b> Fruit Cup</p>	<p>5-17 Salisbury Steak &amp; Mashed Potatoes Presidents Crackers Yellow Submarine Sandwich or Classic Tuna Sandwich Creamy Mashed Potatoes Fresh Garden Salad Fruit Cup</p>
<p>5-20 Bean &amp; Cheese Pupusa Curtido Slaw - <b>V</b> Whole Grain Cheese Pizza Wedge - <b>V</b> Teriyaki Veggie Patty Sandwich - <b>V</b> Ruffle Fries Petite Baby Carrots - <b>S</b> Fruit Cup</p>	<p>5-21 Pork Egg Rolls Deli Turkey &amp; Cheese Sandwich Sweet Corn Tangy Salsa Cup Frozen Juice Cup</p>	<p>5-22 Café LA Burger or Café LA Cheeseburger Chicken Caesar and Cheesy Bread Roasted Potato Wedges Petite Baby Carrots - <b>S</b> Fruit - <b>S</b></p>	<p>5-23 Manager's Choice Turkey Ham &amp; Cheese Melt Waffle Cut Fries Fiesta Pinto Beans Fruit Cup</p>	<p>5-24 Tangerine Chicken &amp; Fried Rice Bowl Yellow Submarine Sandwich or Classic Tuna Sandwich Broccoli Buds Fresh Garden Salad Fruit Cup</p>
<p>5-27 <b>MEMORIAL DAY HOLIDAY</b></p>	<p>5-28 Oven Fried Chicken Drumstick Pretzel Roll Deli Turkey &amp; Cheese Sandwich Waffle Cut Fries Fresh Garden Salad Frozen Juice Slush</p>	<p>5-29 Zesty Beef Chalupa Chicken Caesar and Cheesy Bread Ruffle Fries Petite Baby Carrots - <b>S</b> Fruit Cup</p>	<p>5-30 Philly Cheese Steak Sandwich Turkey Ham &amp; Cheese Melt Roasted Potato Wedges Petite Baby Carrots - <b>S</b> Fruit Cup</p>	<p>5-31 Teriyaki Beef Dipper Rice Bowl Yellow Submarine Sandwich or Classic Tuna Sandwich Broccoli Buds Fresh Garden Salad Frozen Fruit Cup</p>

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

**MENUS ARE SUBJECT TO CHANGE**

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