

MARCH 2020 - Menus

Grades K-5 Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-2 Bean & Cheese Chimichanga - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V Tangy Salsa Cup Sweet Corn Fruit - S	3-3 Café LA Burger or Café LA Cheeseburger Deli Turkey & Cheese Sandwich Fresh Garden Salad Roasted Potato Wedges Frozen Juice Cup	3-4 WG Pepperoni Pizza Wedge or Hawaiian Pizza Chinese Chicken Salad/Aloha Roll or Mexicali Salad / Tortilla Chips Petite Baby Carrots - S Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	3-5 Oven Fried Chicken Drumstick Cornbread Chicken Caesar Salad & Cheesy Bread Celery Sticks Sweet Corn Fruit Cup	3-6 Teriyaki Beef Dipper Rice Bowl or Fish Nuggets / Aloha Roll Yellow Submarine Sandwich or Classic Tuna Sandwich Petite Baby Carrots - S Crispy Potato Smiles Fruit - S
3-9 PizzaBoli - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V or Marinara Sauce Cup - S Sweet Corn Fruit - S	3-10 Teriyaki Beef Sandwich Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	3-11 Turkey & Mashed Potato Bowl /Aloha Roll Chinese Chicken Salad/Aloha Roll or Mexicali Salad / Tortilla Chips Petite Baby Carrots - S Broccoli Buds Fruit - S	3-12 Mac N' Cheese Chicken Caesar Salad & Cheesy Bread Celery Sticks Sweet Corn Fruit Cup	3-13 Chicken Tenders, Homestyle/Aloha Roll or Fish Nuggets / Aloha Roll Yellow Submarine Sandwich or Classic Tuna Sandwich Petite Baby Carrots - S Waffle Cut Fries Fruit Cup
3-16 Bean & Cheese Pupusa - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V or Petite Baby Carrots - S Ruffle Fries Fruit - S	3-17 Oven Fried Chicken Drumstick Cornbread Deli Turkey & Cheese Sandwich Mini Potato Tots Sweet Corn Frozen Juice Slush	3-18 Zesty Beef Chalupa or Chinese Chicken Salad/Aloha Roll or Mexicali Salad / Tortilla Chips Tangy Salsa Cup Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	3-19 Mini Chicken Corn Dogs Chicken Caesar Salad & Cheesy Bread Fresh Garden Salad Sweet Corn Fruit - S	3-20 Cherry Blossom Chicken Bowl or Fish Nuggets / Aloha Roll Yellow Submarine Sandwich OR Classic Tuna Sandwich Petite Baby Carrots - S Broccoli Buds Fruit - S
3-23 Possible Burger - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn Fruit - S	3-24 Crispy Chicken Sandwich Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	3-25 Savory Beef Submarine Chinese Chicken Salad/Aloha Roll or Mexicali Salad / Crunchy Tortilla Chips Petite Baby Carrots - S Roasted Potato Wedges Fruit Cup	3-26 Nacho Dip & Chips or Taco Bean Dip / Crunchy Tortilla Chips Chicken Caesar Salad & Cheesy Bread Fresh Garden Salad Sweet Corn Fruit - S	3-27 Beef & Cheese Burrito and/or Fish Nuggets/Aloha Roll Yellow Submarine Sandwich or Classic Tuna Sandwich Petite Baby Carrots - S Golden Hash Brown Patties Fruit - S
3-30 Bean & Cheese Chimichanga - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V Tangy Salsa Cup Sweet Corn Fruit - S	3-31 Roasted Chicken / Artisan Roll or Mac N' Cheese Deli Turkey & Cheese Sandwich Fresh Garden Salad Roasted Corn Frozen Juice Cup or Fruit - S			

All of the Grain/Bread items served are Whole Grain Rich. Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

S: Items with an (S) can be saved for later **V:** Vegetarian items - **Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito, 3-Bean Vegan Chili/Crunchy Tortilla Chips

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

MENUS ARE SUBJECT TO CHANGE

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