

# MARCH 2020 - Menu

## Grades K-12 Lunch (Soft Diets)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-2 Bean & Cheese Chimichanga - V Cooked Spinach Fruit Cup	3-3 Café LA Burger Cooked Baby Carrots Frozen Juice Cup	3-4 WG Pepperoni Pizza Wedge Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	3-5 Cheesy Pillows Creamy Mashed Potatoes Fruit Cup	3-6 Teriyaki Beef Dipper Rice Bowl or Fish Nuggets / Aloha Roll Cooked Baby Carrots Frozen Peach Pop
3-9 PizzaBoli - V Cooked Baby Carrots Fruit Cup	3-10 Teriyaki Beef Sandwich Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	3-11 Turkey & Mashed Potato Bowl Aloha Roll Fruit	3-12 Mac N' Cheese Cornbread Cooked Baby Carrots Fruit Cup	3-13 Chicken Tenders, Homestyle/Aloha Roll or Fish Nuggets / Aloha Roll Broccoli Buds Fruit Cup
3-16 Bean & Cheese Pupusa - V Cooked Baby Carrots Fruit Cup	3-17 Cheeseburger Sliders Mini Potato Tots OR Creamy Mashed Potatoes Frozen Juice Slush	3-18 WG Pepperoni Pizza Wedge Cooked Baby Carrots Fruit Cup	3-19 Beef & Cheese Burrito Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	3-20 Cherry Blossom Chicken Bowl or Fish Nuggets / Aloha Roll Broccoli Buds Fruit Cup
3-23 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit Cup	3-24 Crispy Chicken Sandwich Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Cup	3-25 Savory Beef Submarine Roasted Potato Wedges OR Creamy Mashed Potatoes Fruit Cup	3-26 Nacho Dip Artisan Roll Broccoli Buds Fruit Cup	3-27 Beef & Cheese Burrito and/or Fish Nuggets/Aloha Roll Cooked Baby Carrots Fruit Cup
3-30 Bean & Cheese Chimichanga - V Cooked Spinach Fruit Cup	3-31 Mac N' Cheese Artisan Roll Cooked Baby Carrots Frozen Juice Cup			

**All of the Grain/Bread items served are Whole Grain Rich.** Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

**V:** Vegetarian items - \*\*Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

**MENUS ARE SUBJECT TO CHANGE**

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