

MARCH 2020 - Menus



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 9-12 Lunch (NNC)

MENUS ARE SUBJECT TO CHANGE

<p>3-2</p> <ul style="list-style-type: none"> WG Cheese Pizza Wedge - V Yogurt Parfait Wholesome Granola - V Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn Fruit - S Fruit Juice 	<p>3-3</p> <ul style="list-style-type: none"> Café LA Burger Chicken Caesar Salad & Artisan Roll Deli Turkey & Cheese Sandwich Fresh Garden Salad Ruffle Fries Frozen Fruit Cup Fruit Cup 	<p>3-4</p> <ul style="list-style-type: none"> Chicken & Cheese Sliders Chinese Chicken Salad/Aloha Roll or Mexicali Salad/Tortilla Chips Pastrami & Cheese Croissant Petite Baby Carrots - S Campfire Baked Beans Fruit Cup Fruit Juice 	<p>3-5</p> <ul style="list-style-type: none"> Cheesy Pillows Chicken Caesar Salad Artisan Roll Yellow Submarine Sandwich Celery Sticks Waffle Cut Fries Frozen Peach Pop Fruit Juice 	<p>3-6</p> <ul style="list-style-type: none"> Teriyaki Beef Dipper Rice Bowl or Garlicky Cheese Bread Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Broccoli Buds Fruit - S Fruit Juice
<p>3-9</p> <ul style="list-style-type: none"> WG Cheese Pizza Wedge - V Yogurt Parfait Wholesome Granola - V Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn Fruit - S Fruit Juice 	<p>3-10</p> <ul style="list-style-type: none"> Mini Chicken Teriyaki Sandwiches Chicken Caesar Salad & Artisan Roll Deli Turkey & Cheese Sandwich Fresh Garden Salad Campfire Baked Beans Fruit Cup Frozen Juice Slush 	<p>3-11</p> <ul style="list-style-type: none"> Taco Bean Dip Crunchy Tortilla Chips Chinese Chicken Salad/Aloha Roll or Mexicali Salad/Tortilla Chips Pastrami & Cheese Croissant Tangy Salsa Cup Sweet Corn Fruit - S Fruit Juice 	<p>3-12</p> <ul style="list-style-type: none"> Café LA Burger Chicken Caesar Salad Artisan Roll Yellow Submarine Sandwich Celery Sticks Ruffle Fries Fruit Cup Fruit Juice 	<p>3-13</p> <ul style="list-style-type: none"> Mama's Meatball Sub or Garlicky Cheese Bread Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Waffle Cut Fries Fruit Cup Fruit Juice
<p>3-16</p> <ul style="list-style-type: none"> WG Cheese Pizza Wedge - V Yogurt Parfait Wholesome Granola - V Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn Fruit - S Fruit Juice 	<p>3-17</p> <ul style="list-style-type: none"> Cheeseburger Sliders Chicken Caesar Salad & Artisan Roll Deli Turkey & Cheese Sandwich Celery Sticks Ruffle Fries Fruit Cup Frozen Juice Slush 	<p>3-18</p> <ul style="list-style-type: none"> Zesty Beef Chalupa with Crunchy Tortilla Chips Chinese Chicken Salad/Aloha Roll or Mexicali Salad/Tortilla Chips Pastrami & Cheese Croissant Tangy Salsa Cup Fiesta Pinto Beans Fruit Cup Fruit Juice 	<p>3-19</p> <ul style="list-style-type: none"> Taco Bean Dip Crunchy Tortilla Chips Chicken Caesar Salad Artisan Roll Yellow Submarine Sandwich Fresh Garden Salad Sweet Corn Fruit - S Fruit Juice 	<p>3-20</p> <ul style="list-style-type: none"> Turkey Burger or Garlicky Cheese Bread Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Broccoli Buds Fruit - S Fruit Juice

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

MARCH 2020 - Menus



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 9-12 Lunch (NNC)

MENUS ARE SUBJECT TO CHANGE

<p>3-23</p> <ul style="list-style-type: none"> WG Cheese Pizza Wedge - V Yogurt Parfait Wholesome Granola - V Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn Fruit - S Fruit Juice 	<p>3-24</p> <ul style="list-style-type: none"> Orange Meatball Rice Bowl Chicken Caesar Salad & Artisan Roll Deli Turkey & Cheese Sandwich Broccoli Buds Fiesta Pinto Beans Fruit Cup Frozen Juice Cup 	<p>3-25</p> <ul style="list-style-type: none"> Salisbury Steak with Gravy Aloha Roll Chinese Chicken Salad/Aloha Roll or Mexicali Salad/Tortilla Chips Pastrami & Cheese Croissant Petite Baby Carrots - S Waffle Cut Fries Fruit Cup Fruit Juice 	<p>3-26</p> <ul style="list-style-type: none"> Beef & Cheese Burrito Chicken Caesar Salad Artisan Roll Yellow Submarine Sandwich Fresh Garden Salad Sweet Corn Fruit - S Fruit Juice 	<p>3-27</p> <ul style="list-style-type: none"> Mini Teriyaki Chicken Sandwich or Garlicky Cheese Bread Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Golden Hash Brown Patties Fruit - S Fruit Juice
<p>3-30</p> <ul style="list-style-type: none"> WG Cheese Pizza Wedge - V Yogurt Parfait Wholesome Granola - V Toasted Cheese Sandwich - V Petite Baby Carrots - S Ruffle Fries Fruit - S Fruit Juice 	<p>3-31</p> <ul style="list-style-type: none"> Roasted Chicken/Artisan Roll Chicken Caesar Salad & Artisan Roll Deli Turkey & Cheese Sandwich Fresh Garden Salad Sweet Corn Fruit Cup Frozen Juice Cup 			

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

S: Items with an (S) can be saved for later **V:** Vegetarian items

** Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito, 3-Bean Vegan Chili/Crunchy Tortilla Chips