

MARCH 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grades 6-8 Lunch				
<i>MENUS ARE SUBJECT TO CHANGE</i>				
3-2 Bean & Cheese Chimichanga -V Mexicali Salad -V Crunchy Tortilla Chips Toasted Cheese Sandwich -V Tangy Salsa Cup Sweet Corn Fruit - S	3-3 Grande Cheeseburger Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich Fresh Garden Salad Roasted Potato Wedges Frozen Fruit Cup	3-4 WG Pepperoni Pizza Wedge or Hawaiian Pizza Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Petite Baby Carrots - S Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	3-5 Oven Fried Chicken Drumstick Cornbread Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Celery Sticks Sweet Corn Frozen Peach Pop	3-6 Teriyaki Beef Dipper Rice Bowl or Fish Nuggets / Aloha Roll Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Crispy Potato Smiles Fruit - S
3-9 PizzaBoli -V Mexicali Salad -V Crunchy Tortilla Chips Toasted Cheese Sandwich -V Marinara Sauce Cup Sweet Corn Fruit - S	3-10 Teriyaki Beef Sandwich Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	3-11 Turkey & Mashed Potato Bowl Aloha Roll Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Petite Baby Carrots Broccoli Buds Fresh Orange Variety Fruit - S	3-12 Mac N' Cheese & Beef Links Cornbread Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Celery Sticks Sweet Corn Fruit Cup	3-13 Buffalo Wings & Cheesy Bread or Fish Nuggets / Aloha Roll Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Waffle Cut Fries Fruit Cup
3-16 Bean & Cheese Pupusa-V Mexicali Salad -V Crunchy Tortilla Chips Toasted Cheese Sandwich -V Petite Baby Carrots - S Ruffle Fries Fruit - S	3-17 Oven Fried Chicken Drumstick Cornbread Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich Mini Potato Tots Sweet Corn Frozen Juice Slush	3-18 Zesty Beef Chalupa with Spanish Rice or Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Tangy Salsa Cup Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup	3-19 Mini Chicken Corn Dogs Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Fresh Garden Salad Sweet Corn Fruit - S	3-20 Cherry Blossom Chicken Bowl or Fish Nuggets / Aloha Roll Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Broccoli Buds Fruit - S

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 6-8 Lunch

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<p>3-23</p> <p>Possible Burger - V Mexicali Salad - V Crunchy Tortilla Chips Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn Fruit - S</p>	<p>3-24</p> <p>Chicken Tenders, Homestyle Southern Buttermilk Biscuit Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup</p>	<p>3-25</p> <p>Savory Beef Submarine Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Petite Baby Carrots - S Roasted Potato Wedges Fruit Cup</p>	<p>3-26</p> <p>Nacho Dip & Chips or Taco Bean Dip Crunchy Tortilla Chips Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Fresh Garden Salad Sweet Corn Fruit - S</p>	<p>3-27</p> <p>Beef & Cheese Burrito or Fish Nuggets / Aloha Roll Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Golden Hash Brown Patties Fruit - S</p>
<p>3-30</p> <p>Bean & Cheese Chimichanga - V Mexicali Salad - V Crunchy Tortilla Chips Toasted Cheese Sandwich - V Tangy Salsa Cup Sweet Corn Fruit - S</p>	<p>3-31</p> <p>Roasted Chicken/Artisan Roll or Mac N' Cheese & Beef Links Artisan Roll Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich Fresh Garden Salad Roasted Potato Wedges Frozen Juice Cup</p>			

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All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

S: Items with an (S) can be saved for later **V:** Vegetarian items

**Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Deli Cheese Sandwich, Toasted Cheese Sandwich, 3-Bean Vegan Chili/Crunchy Tortilla Chips, All Star Turkey Hot Dog*, Grande Burger*, Golden Chicken Filet Sandwich*, WG Cheese Pizza Wedge, Yogurt & Granola, Vegan Burrito, Yogurt Parfait & Wholesome Granola and Smokin BBQ Rib Sandwich* *Tuesday-Friday Only

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