

MARCH 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>EEC Lunch (Prep)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
3-2 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	3-3 Café LA Burger Roasted Potato Wedges Frozen Juice Cup	3-4 Toasted Cheese Sandwich - V Campfire Baked Beans Fruit Cup	3-5 Asian Chicken Bites Creamy Mashed Potatoes Frozen Peach Pop	3-6 Teriyaki Beef Dipper Rice Bowl or Fish Nuggets / Aloha Roll Crispy Potato Smiles Fruit
3-9 PizzaBoli - V Marinara Sauce Cup Fruit	3-10 Teriyaki Beef Sandwich Fresh Garden Salad Frozen Juice Slush	3-11 Turkey & Mashed Potato Bowl Aloha Roll Fruit	3-12 Mac N' Cheese Ruffle Fries Fruit Cup	3-13 Chicken Tenders, Homestyle or Fish Nuggets / Aloha Roll Cooked Baby Carrots Fruit
3-16 Bean & Cheese Pupusa - V Cooked Baby Carrots Fruit	3-17 Toasted Cheese Sandwich - V Mini Potato Tots Frozen Juice Slush	3-18 Beef & Cheese Burrito Fiesta Pinto Beans Fruit Cup	3-19 Chicken Tenders, Homestyle Fresh Garden Salad Fruit	3-20 Cherry Blossom Chicken Bowl or Fish Nuggets / Aloha Roll Broccoli Buds Fruit
3-23 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	3-24 Crispy Chicken Sandwich Mini Potato Tots Frozen Juice Cup	3-25 Savory Beef Submarine Roasted Potato Wedges Fruit Cup	3-26 Nacho Dip & Chips or Taco Bean Dip Artisan Roll Fresh Garden Salad Fruit	3-27 Beef & Cheese Burrito Fish Nuggets/Aloha Roll Mini Potato Tots Fruit
3-30 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	3-31 Mac N' Cheese Fresh Garden Salad Frozen Juice Cup or Fruit			

All of the Grain/Bread items served are Whole Grain Rich. Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

V: Vegetarian items - ****Farm Fresh Fruits:** Apple, Orange, Banana - **Daily Options:** Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito, 3-Bean Vegan Chili/Crunchy Tortilla Chips

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

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