

MARCH 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>EEC Lunch (NNC)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
3-2 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	3-3 Café LA Burger Ruffle Fries Frozen Juice Cup	3-4 Chicken & Cheese Sliders Campfire Baked Beans Fruit Cup	3-5 Cheesy Pillows Waffle Cut Fries Frozen Peach Pop	3-6 Teriyaki Beef Dipper Rice Bowl or Garlicky Cheese Bread Cooked Baby Carrots Fruit
3-9 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	3-10 Mini Chicken Teriyaki Sandwiches Fresh Garden Salad Frozen Juice Slush	3-11 Taco Bean Dip Artisan Roll Tangy Salsa Cup Fruit	3-12 Café LA Burger Ruffle Fries Fruit Cup	3-13 Mama's Meatball Sub or Garlicky Cheese Bread Cooked Baby Carrots Fruit
3-16 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	3-17 Cheeseburger Sliders Ruffle Fries Frozen Juice Slush	3-18 Cheesy Pillows Cooked Baby Carrots Fruit Cup	3-19 Taco Bean Dip Artisan Roll Fresh Garden Salad Fruit	3-20 Turkey Burger or Garlicky Cheese Bread Broccoli Buds Fruit
3-23 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	3-24 Orange Meatball Rice Bowl Broccoli Buds Frozen Juice Cup	3-25 Salisbury Steak with Gravy Aloha Roll Waffle Cut Fries Fruit Cup	3-26 Beef & Cheese Burrito Fresh Garden Salad Fruit	3-27 Mini Teriyaki Chicken Sandwich or Garlicky Cheese Bread Golden Hash Brown Patties Fruit
3-30 Whole Grain Cheese Pizza Wedge - V Ruffle Fries Fruit	3-31 Café LA Burger Cooked Baby Carrots Frozen Juice Cup or Fruit			

All of the Grain/Bread items served are Whole Grain Rich. Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

V: Vegetarian items - **Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito, 3-Bean Vegan Chili/Crunchy and roll

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

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