



# January 2019 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>EEC Lunch (NNC)</b> <i>MENUS ARE SUBJECT TO CHANGE</i>				
12-31	1-1 <b>NEW YEAR'S DAY HOLIDAY</b>	1-2 Beef Taco Stick Waffle Fries *Fresh Fruit Got Milk	1-3 Turkey Burger Fiesta Pinto Beans Peach Applesauce Cup Got Milk	1-4 Chicken Tenders, Homestyle Fresh Garden Salad Sour Watermelon Cup Got Milk
1-7 Cheesy Pillows -V Cooked Baby Carrots *Fresh Fruit Got Milk	1-8 Teriyaki Beef Dipper Rice Bowl Broccoli Buds Chilled Pineapple Got Milk	1-9 Whole Grain Pepperoni Pizza Fiesta Pinto Beans Peach Applesauce Cup Got Milk	1-10 Salisbury Steak with Gravy Artisan Roll Fresh Garden Salad *Fresh Fruit Got Milk	1-11 Turkey Burger Waffle Fries Lemon Berry Swirl Cup Got Milk
1-14 Whole Grain Deep Dish Cheese Pizza -V Mini Potato Tots *Fresh Fruit Got Milk	1-15 Beef Taco & Cheese Chimichanga Fresh Garden Salad Chilled Pineapple Got Milk	1-16 Cheese Enchiladas -V Broccoli Buds *Fresh Fruit Got Milk	1-17 Mama's Meatball Sub Roasted Potato Wedges Peach Applesauce Cup Got Milk	1-18 All American Burger Fiesta Pinto Beans Cherry Limeade Slush Got Milk
1-21 <b>DR. MARTIN L. KING BIRTHDAY HOLIDAY</b>	1-22 Cheesy Pillows -V Roasted Potato Wedges Fruit - S Got Milk	1-23 Taco Bean Dip Artisan Roll Cooked Baby Carrots *Fresh Fruit Got Milk	1-24 Turkey Burger Fresh Garden Salad Peach Applesauce Cup Got Milk	1-25 Philly Steak & Cheese Pinwheel Waffle Fries Lemon Berry Swirl Cup Got Milk
1-28 Whole Grain Deep Dish Cheese Pizza -V Mini Potato Tots *Fresh Fruit Got Milk	1-29 Pork Egg Rolls Fresh Garden Salad Chilled Pineapple Got Milk	1-30 Turkey Burger Fiesta Pinto Beans *Fresh Fruit Got Milk	1-31 Beef Taco Stick Waffle Fries Peach Applesauce Cup Got Milk	

**All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**V**: Vegetarian items

\*\*Farm Fresh Fruits: Apple, Orange, Banana

Daily Vegetarian Options: Deli Cheese Sandwich, Toasted Cheese Sandwich

Posted 12/13/18