



# January 2019 - Menus

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## Grades 6-8 Breakfast

*MENUS ARE SUBJECT TO CHANGE*

|  |  |  |  |   |
|--|--|--|--|---|
| 12-31<br>Crunchy Cereal <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk       | 1-1<br><b>NEW YEAR'S DAY HOLIDAY</b>   | 1-2<br>Cinnamony Pancakes <b>V</b><br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk            | 1-3<br>Beef Chorizo & Cheese Wrap<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk      | 1-4<br>Café LA Coffee Cake - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk |
| 1-7<br>Crunchy Cereal <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk         | 1-8<br>Morning Beef Sausage Sandwich<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 1-9<br>Fiesta Bean & Cheese Burrito <b>V</b><br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk  | 1-10<br>Manager's Choice<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk               | 1-11<br>Chocolate Crescent - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk |
| 1-14<br>Café LA Coffee Cake - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 1-15<br>Egg & Cheesy Taco<br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk           | 1-16<br>French Toast Trio <b>V</b><br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk            | 1-17<br>Beef Chorizo & Cheese Wrap<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk     | 1-18<br>Egg & Cheese Wrap - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk  |
| 1-21<br><b>DR. MARTIN L. KING BIRTHDAY HOLIDAY</b>                                   | 1-22<br>Crunchy Cereal <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk      | 1-23<br>Fiesta Bean & Cheese Burrito <b>V</b><br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk | 1-24<br>Egg & Cheese Sandwich <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 1-25<br>Cinnamony Pancakes - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk |
| 1-28<br>Café LA Coffee Cake - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk | 1-29<br>Egg & Cheesy Taco<br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk           | 1-30<br>Mini French Toast Bites <b>V</b><br>Fruit - <b>S</b><br>Fruit Juice<br>Got Milk      | 1-31<br>Manager's Choice<br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk               | 2-1<br>Egg & Cheese Wrap - <b>V</b><br>Fruit- <b>S</b><br>Fruit Juice<br>Got Milk   |

**All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**S:** Items with an (S) can be saved for later **V:** Vegetarian items

Posted 12/24/18