<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 12-2   | Nacho Pretzel Pocket - V  
Garlicky Cheese Bread - V  
Toasted Cheese Sandwich - V or  
Deli Cheese Sandwich - V  
Marinara Sauce Cup  
Sweet Corn OR Roasted Corn OR Street Corn  
Fruit Cup | Orange Meatball Rice Bowl  
Deli Turkey & Cheese Sandwich  
Petite Baby Carrots - $  
Broccoli Buds  
Fiesta Pinto Beans or Campfire Baked Beans  
Frozen Juice Slush | Nacho Dip & Chips  
Chinese Chicken Salad  
Cornbread  
Tangy Salsa Cup  
Fiesta Pinto Beans or Campfire Baked Beans  
Fruit - $ | Cheese Burger Sliders  
Yellow Submarine Sandwich OR  
Classic Tuna Sandwich  
Roasted Potato Wedges  
Petite Baby Carrots - $  
Fruit - $ |
| 12-9   | Bean & Cheese Chimichanga - V  
Whole Grain Cheese Pizza Wedge - V  
Toasted Cheese Sandwich - V or  
Deli Cheese Sandwich - V  
Tangy Salsa Cup  
Crispy Potato Smiles  
Fruit Cup | WG Pepperoni Pizza Wedge  
and/or Hawaiian Pizza  
Deli Turkey & Cheese Sandwich  
Petite Baby Carrots - $  
Sweet Corn OR Roasted Corn OR Street Corn  
Frozen Juice Slush | Café LA Burger or Café LA Cheeseburger  
Chinese Chicken Salad  
Cornbread  
Fresh Garden Salad or Lettuce & Tomato  
Roasted Potato Wedges  
Fruit - $ | Taco Bean Dip  
Crunchy Tortilla Chips - $  
Yellow Submarine Sandwich OR  
Classic Tuna Sandwich  
Sweet Corn OR Roasted Corn OR Street Corn  
Petite Baby Carrots - $  
Frozen Peach Pop |
| 12-16  | PizzaBoli - V  
Whole Grain Cheese Pizza Wedge - V  
Toasted Cheese Sandwich - V or  
Deli Cheese Sandwich - V  
Tangy Salsa Cup  
Sweet Corn OR Roasted Corn OR Street Corn  
Fruit - $ | Mama’s Meatball Sub  
Deli Turkey & Cheese Sandwich  
Fresh Garden Salad  
Fiesta Pinto Beans or Campfire Baked Beans  
Frozen Juice Cup | Holiday Turkey & Gravy with Stuffing  
Cornbread  
Yellow Submarine Sandwich  
Petite Baby Carrots - $  
Creamy Mashed Potatoes  
Fruit - $ | Tangerine Chicken & Rice Bowl  
Yellow Submarine Sandwich OR  
Classic Tuna Sandwich  
Broccoli Buds  
Sweet Corn OR Roasted Corn OR Street Corn  
Fruit - $ |
| 12-23  |  |  |  |  |
| 12-24  |  |  |  |  |
| 12-25  |  |  |  |  |
| 12-26  |  |  |  |  |
| 12-27  |  |  |  |  |

**WINTER RECESS – Happy Holidays**

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Visit us at [http://achieve.lausd.net/cafela](http://achieve.lausd.net/cafela)

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**Daily Got Milk Options:** White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

**MENUS ARE SUBJECT TO CHANGE**

Posted 11/19/19

For more information call (213) 241-6422

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All of the Grain/Bread items served are Whole Grain Rich. Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

* Items with an (S) can be saved for later  
* Vegetarian items  
  ** Farm Fresh Fruits: Apple, Orange, Banana  
  ** Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

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WINTER RECESS  –  Happy Holidays