



**Preparation Sites
Grades K-5 & Grades 6-8**

| Option #1 | CMS Number |
|---|---------------------------|
| Sunbutter Sandwich, 1 (serve with Jelly packet) | R1856 |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #2 | CMS Number |
|---|---------------------------|
| Turkey Ham Sandwich on Knot Roll, 1 | R0709 |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #3 | CMS Number |
|---|---------------------------|
| Cheese Plank, 2, 1 oz. ind. pkgs. <u>or</u> String Cheese, 2, 1 oz. ind. pkgs. | 2525 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i> | 1352 |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

**Preparation Sites
Grades K-5 & Grades 6-8**



| Option #4 | CMS Number |
|---|---------------------------|
| Yogurt, Strawberry, 1, 8 oz. carton. | 7107 |
| Wholesome Granola, 1, 2 oz. ind. pkg. | 1501 |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

| Option #5 | CMS Number |
|---|---------------------------|
| Italian Cheese Pack, 1 | R5499 (2601) |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

| Option #6 | CMS Number |
|---|---|
| Turkey Stick, 1 each | <i>Pending – Item will be available Oct. 2018</i> |
| Cheese Plank, 1, 1 oz. ind. pkg. | 2525 |
| <u>or</u> String Cheese, 1, 1 oz. ind. pkg. | 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup (Must be served - Provides ½ cup red/orange veg) | 1352 |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |



**Preparation Sites
Grades 9-12**

| Option #1 | CMS Number |
|---|---------------------------|
| Sunbutter Sandwich, 1 (serve with Jelly packet) | R1856 |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #2 | CMS Number |
|---|---------------------------|
| Turkey Ham Sandwich on Knot Roll, 1 | R0709 |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #3 | CMS Number |
|---|---------------------------|
| Cheese Plank, 2, 1 oz. ind. pkgs. <u>or</u> String Cheese, 2, 1 oz. ind. pkgs. | 2525 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i> | 1352 |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |



**Preparation Sites
Grades 9-12**

| Option #4 | CMS Number |
|---|---------------------------|
| Yogurt, Strawberry, 1, 8oz. carton. | 7107 |
| Wholesome Granola, 1, 2 oz. ind. pkg. | 1501 |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

| Option #5 | CMS Number |
|---|---------------------------|
| Italian Cheese Pack, 1 | R5499 (2601) |
| Petite Baby Carrots 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

| Option #6 | CMS Number |
|---|---|
| Turkey Stick, 1 each | <i>Pending – Item will be available Oct. 2018</i> |
| Cheese Plank, 1, 1 oz. ind. pkg. <u>or</u> String Cheese, 1, 1 oz. ind. pkg. | 2525 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup (Must be served - Provides ½ cup red/orange veg) | 1352 |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |



**Newman Nutrition Sites
Grades K-5 & 6-8**

| Option #1 | CMS Number |
|---|---------------------------|
| Sunbutter Sandwich, 1 (serve with Jelly packet), CS/36 | R1931N |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

| Option #2 | CMS Number |
|---|---------------------------|
| Cheese Plank, 2, 1 oz. ind. pkgs. <u>or</u> String Cheese, 2, 1 oz. ind. pkgs. | 2525 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup (Must be served - Provides ½ cup red/orange veg) | 1352 |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

| Option #3 | CMS Number |
|---|---------------------------|
| Yogurt, Strawberry, 1, 8 oz. carton | 7107 |
| Wholesome Granola, 1, 2 oz. ind. pkg. | 1501 |
| Petite Baby Carrots, 2, 2.5 oz. ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

| Option #4 | CMS Number |
|---|---------------------------|
| Italian Cheese Pack, 1 | R5499N (2601) |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate) | 7010 / 7123 / 7020 / 7014 |

**Field Trip Menus 2018/2019
Newman Nutrition Sites
Grades K-5 & 6-8**



| Option #5 | CMS Number |
|---|---|
| Turkey Stick, 1 each | <i>Pending – Item will be available Oct. 2018</i> |
| Cheese Plank, 1, 1 oz. ind. pkg. or String Cheese, 1, 1 oz. ind. pkg. | 2525 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i> | 1352 |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

**Newman Nutrition Sites
Grades 9-12**



| Option #1 | CMS Number |
|---|---------------------------|
| Sunbutter Sandwich, 1 (serve with Jelly packet) | R1931N |
| Petite Baby Carrots, 2, 2.5 oz, ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #2 | CMS Number |
|---|---------------------------|
| Cheese Plank, 2, 1 oz. ind. pkgs. or String Cheese, 2, 1 oz. ind. pkgs. | 2525 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i> | 1352 |
| Petite Baby Carrots, 1, 2.5 oz, ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #3 | CMS Number |
|---|---------------------------|
| Yogurt, Strawberry, 1, 8 oz. carton | 7107 |
| Wholesome Granola, 1, 2 oz. ind. pkg. | 1501 |
| Petite Baby Carrots, 2, 2.5 oz, ind. bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

**Newman Nutrition Sites
Grades 9-12**



| Option #4 | CMS Number |
|---|---------------------------|
| Italian Cheese Pack, 1 | R5499N (2601) |
| Petite Baby Carrots, 1, 2.5 oz. ind. Bags | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #5 | CMS Number |
|---|---|
| Turkey Stick, 1 each | <i>Pending – Item will be available Oct. 2018</i> |
| Cheese Plank, 1, 1 oz. ind. pkg. or String Cheese, 1, 1 oz. ind. pkg. | 2525 2707 |
| Crunchy Tortilla Chips, 1, 2 oz. ind. bag | 1363 |
| Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i> | 1352 |
| Petite Baby Carrots, 1, 2.5 oz. ind. bag | 3006 |
| Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |



| Option #1 | CMS Number |
|--|------------------------|
| Deli Cheese Sandwich, 1 | R1113 |
| Fresh Garden Salad, 1/2 cup | R4371 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED) | 7122 7123 / 7020 |

| Option #2 | CMS Number |
|--|------------------------|
| Turkey Ham Sandwich on Knot Roll, 1 | R0709 |
| Fresh Garden Salad, 1/2 cup | R4371 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED) | 7122 7123 / 7020 |

| Option #3 | CMS Number |
|--|------------------------|
| Yogurt, Strawberry, 1, 8 oz. carton | 7107 |
| Gold Fish Pretzel Crackers, 1 pkg. <u>or</u> Rainbow Gold Fish Crackers, 1 pkg. | 1131 1326 |
| Fresh Garden Salad, 1/2 cup | R4371 |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED) | 7122 7123 / 7020 |

| Option #4 | CMS Number |
|--|------------------------|
| Italian Cheese Pack, 1 | R5499 (2601) |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED) | 7122 7123 / 7020 |



| Option #1 | CMS Number |
|--|------------------------|
| Deli Cheese Sandwich, 1 Fresh Garden Salad, 1/2 cup | R5498N |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED) | 7122 7123 / 7020 |

| Option #2 | CMS Number |
|--|------------------------|
| Yogurt, Strawberry, 1, 8 oz. carton Gold Fish Pretzel Crackers, 1 pkg. <u>or</u> Rainbow Gold Fish Crackers, 1 pkg. | 7107 1131 1326 |
| Fresh Garden Salad, 1/2 cup | R4402N |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED) | 7122 7123 / 7020 |

| Option #3 | CMS Number |
|--|------------------------|
| Italian Cheese Pack, 1 | R5499N (2601) |
| Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3800/3093/3204 1513 |
| Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED) | 7122 7123 / 7020 |



**Mechanical Soft
Grades K-12**

| Option #1 | CMS Number |
|---|---------------------------|
| Yogurt, Strawberry, 1, 8 oz. carton Artisan Dinner Roll, 1, 2 oz. | 7107 6068 |
| Cooked Baby Carrots (1 Cup) | R4373 |
| Fresh Fruit (Banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #2 | CMS Number |
|---|---------------------------|
| Deli Cheese Sandwich, 1 | R1113 |
| Cooked Baby Carrots (1 Cup) | R4373 |
| Fresh Fruit (Banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |

| Option #3 | CMS Number |
|---|---------------------------|
| Italian Cheese Pack, 1 | R5499 (2601) |
| Cooked Baby Carrots (1 Cup) | R4373 |
| Fresh Fruit (Banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz. | 3204 1513 |
| Fruit Juice, 4 fl. oz. (apple, orange or wild berry) | 7060/7064/7062 |
| Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i> | 7010 / 7123 / 7020 / 7014 |