



**Preparation Sites
Grades K-5 & Grades 6-8**

Option #1	CMS Number
Sunbutter Sandwich, 1 (serve with Jelly packet)	R1856
Petite Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #2	CMS Number
Turkey Ham Sandwich on Knot Roll, 1	R0709
Petite Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #3	CMS Number
Cheese Plank, 2, 1 oz. ind. pkgs. <u>or</u> String Cheese, 2, 1 oz. ind. pkgs.	2525 2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

**Preparation Sites
Grades K-5 & Grades 6-8**



Option #4	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton.	7107
Wholesome Granola, 1, 2 oz. ind. pkg.	1501
Petite Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014

Option #5	CMS Number
Italian Cheese Pack, 1	R5499 (2601)
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014

Option #6	CMS Number
Turkey Stick, 1 each	<i>Pending – Item will be available Oct. 2018</i>
Cheese Plank, 1, 1 oz. ind. pkg.	2525
<u>or</u> String Cheese, 1, 1 oz. ind. pkg.	2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup (Must be served - Provides ½ cup red/orange veg)	1352
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014



Preparation Sites
Grades 9-12

Option #1	CMS Number
Sunbutter Sandwich, 1 (serve with Jelly packet)	R1856
Petite Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #2	CMS Number
Turkey Ham Sandwich on Knot Roll, 1	R0709
Petite Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #3	CMS Number
Cheese Plank, 2, 1 oz. ind. pkgs. <u>or</u> String Cheese, 2, 1 oz. ind. pkgs.	2525 2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014



**Preparation Sites
Grades 9-12**

Option #4	CMS Number
Yogurt, Strawberry, 1, 8oz. carton.	7107
Wholesome Granola, 1, 2 oz. ind. pkg.	1501
Petite Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014

Option #5	CMS Number
Italian Cheese Pack, 1	R5499 (2601)
Petite Baby Carrots 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014

Option #6	CMS Number
Turkey Stick, 1 each	<i>Pending – Item will be available Oct. 2018</i>
Cheese Plank, 1, 1 oz. ind. pkg. <u>or</u> String Cheese, 1, 1 oz. ind. pkg.	2525 2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup (Must be served - Provides ½ cup red/orange veg)	1352
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014

**Newman Nutrition Sites
Grades K-5 & 6-8**



Option #1	CMS Number
Cheese Plank, 2, 1 oz. ind. pkgs. or String Cheese, 2, 1 oz. ind. pkgs.	2525 2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #2	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton Wholesome Granola, 1, 2 oz. ind. pkg.	7107 1501
Petite Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #3	CMS Number
Italian Cheese Pack, 1	R5499N (2601)
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

**Field Trip Menus 2018/2019
Newman Nutrition Sites
Grades K-5 & 6-8**



Option #4	CMS Number
Turkey Stick, 1 each	<i>Pending – Item will be available Oct. 2018</i>
Cheese Plank, 1, 1 oz. ind. pkg. or String Cheese, 1, 1 oz. ind. pkg.	2525 2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

**Newman Nutrition Sites
Grades 9-12**



Option #1	CMS Number
Cheese Plank, 2, 1 oz. ind. pkgs. <u>or</u> String Cheese, 2, 1 oz. ind. pkgs.	2525 2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Petite Baby Carrots, 1, 2.5 oz, ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #2	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton	7107
Wholesome Granola, 1, 2 oz. ind. pkg.	1501
Petite Baby Carrots, 2, 2.5 oz, ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

**Newman Nutrition Sites
Grades 9-12**



Option #3	CMS Number
Italian Cheese Pack, 1	R5499N (2601)
Petite Baby Carrots, 1, 2.5 oz. ind. Bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014

Option #4	CMS Number
Turkey Stick, 1 each	<i>Pending – Item will be available Oct. 2018</i>
Cheese Plank, 1, 1 oz. ind. pkg. or String Cheese, 1, 1 oz. ind. pkg.	2525 2707
Crunchy Tortilla Chips, 1, 2 oz. ind. bag	1363
Tangy Salsa Cup, 1, 3 oz. ind. cup (Must be served - Provides ½ cup red/orange veg)	1352
Petite Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup (1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)	7010 / 7123 / 7020 / 7014



Option #1	CMS Number
Deli Cheese Sandwich, 1	R1113
Fresh Garden Salad, 1/2 cup	R4371
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED)	7122 7123 / 7020

Option #2	CMS Number
Turkey Ham Sandwich on Knot Roll, 1	R0709
Fresh Garden Salad, 1/2 cup	R4371
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED)	7122 7123 / 7020

Option #3	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton	7107
Gold Fish Pretzel Crackers, 1 pkg.	1131
<u>or</u> Rainbow Gold Fish Crackers, 1 pkg.	1326
Fresh Garden Salad, 1/2 cup	R4371
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED)	7122 7123 / 7020

Option #4	CMS Number
Italian Cheese Pack, 1	R5499 (2601)
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED)	7122 7123 / 7020



Option #1	CMS Number
Deli Cheese Sandwich, 1 Fresh Garden Salad, 1/2 cup	R5498N
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED)	7122 7123 / 7020

Option #2	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton Gold Fish Pretzel Crackers, 1 pkg. <u>or</u> Rainbow Gold Fish Crackers, 1 pkg.	7107 1131 1326
Fresh Garden Salad, 1/2 cup	R4402N
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED)	7122 7123 / 7020

Option #3	CMS Number
Italian Cheese Pack, 1	R5499N (2601)
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1513
Milk, 6 fl. oz. (1%) Milk, 8 fl. oz. (Fat Free <u>or</u> Fat Free-Lactose Free) (Chocolate Milk is NOT ALLOWED)	7122 7123 / 7020



**Mechanical Soft
Grades K-12**

Option #1	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton	7107
Artisan Dinner Roll, 1, 2 oz.	6068
Cooked Baby Carrots (1 Cup)	R4373
Fresh Fruit (Banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #2	CMS Number
Deli Cheese Sandwich, 1	R1113
Cooked Baby Carrots (1 Cup)	R4373
Fresh Fruit (Banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014

Option #3	CMS Number
Italian Cheese Pack, 1	R5499 (2601)
Cooked Baby Carrots (1 Cup)	R4373
Fresh Fruit (Banana), 1 piece <u>or</u> Applesauce Cup, 1, 4.5 oz.	3204 1513
Fruit Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk, 1 cup <i>(1%, Fat Free, Fat Free-Lactose-Free or Fat Free Chocolate)</i>	7010 / 7123 / 7020 / 7014