



November 2018 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades 9-12 Breakfast</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
			11-1 ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-2 ★ Grape Crescent - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
11-5 ★ Mini French Toast Bites V ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-6 ★ Morning Beef Sausage Sandwich ★ Fruit - S ★ Fruit Juice ★ Got Milk	11-7 ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk	11-8 ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-9 ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
11-12 VETERANS DAY HOLIDAY	11-13 ★ Crunchy Cereal V ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-14 ★ Cinnamony Pancakes V ★ Fruit - S ★ Fruit Juice ★ Got Milk	11-15 ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-16 ★ Manager's Choice ★ Fruit- S ★ Fruit Juice ★ Got Milk
11-19 ★ Cinnamony Pancakes V ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-20 ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-21 ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk	THANKSGIVING DAY HOLIDAY	
11-26 ★ Crunchy Cereal V ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-27 ★ Egg & Cheese Wrap V ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-28 ★ French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk	11-29 ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk	11-30 ★ Grape Crescent - V ★ Fruit- S ★ Fruit Juice ★ Got Milk

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit

S: Items with an (S) can be saved for later **V**: Vegetarian items

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