



December 2018 - Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Grades 6-8 Lunch

MENUS ARE SUBJECT TO CHANGE

| | | | | |
|--|--|---|--|---|
| <p>12-3</p> <ul style="list-style-type: none"> ★★ Bean & Cheese Bowl - V ★ Crunchy Tortilla Chips - S ★★ Toasted Cheese Sandwich - V ★★ Yogurt Parfait Wholesome Granola - V ★ Sweet Corn ★ Salsa Cup ★ Fruit - S ★ Got Milk | <p>12-4</p> <ul style="list-style-type: none"> ★ Oven Fried Chicken Drumstick ★ Artisan Roll - S ★★ Yellow Submarine Sandwich ★★ Tuna Salad Plate ★ Pretzel Roll ★ Roasted Potato Wedges ★ Fresh Garden Salad ★ Frozen Fruit Cup ★ Got Milk | <p>12-5</p> <ul style="list-style-type: none"> ★★ Philly Cheese Steak Sandwich ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Fiesta Pinto Beans ★ Petite Baby Carrots - S ★ Fruit Cup ★ Got Milk | <p>12-6</p> <ul style="list-style-type: none"> ★★ Whole Grain Rich Pepperoni Pizza ★★ California Chicken Wrap ★★ Chinese Chicken Salad ★ Aloha Roll - S ★ Fresh Garden Salad ★ Asian Cucumber Salad ★ Fruit ★ Got Milk | <p>12-7</p> <ul style="list-style-type: none"> ★★ Turkey Burger ★★ Classic Tuna Sandwich ★★ Chicken Caesar & Cheesy Bread ★ Crinkle Cut Potatoes ★ Petite Baby Carrots - S ★ Frozen Juice Cup ★ Got Milk |
| <p>12-10</p> <ul style="list-style-type: none"> ★★ Whole Grain Deep Dish Cheese Pizza - V ★★ Yogurt Parfait Wholesome Granola - V ★ Golden Hash Brown Patties ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk | <p>12-11</p> <ul style="list-style-type: none"> ★★ Crispy Chicken Filet Sandwich ★★ Deli Turkey & Cheese Sandwich ★ Sweet Corn ★ Fresh Garden Salad ★ Frozen Fruit Cup ★ Got Milk | <p>12-12</p> <ul style="list-style-type: none"> ★★ All Star Turkey Hot Dog ★★ Pastrami & Cheese Croissant ★ Crinkle Cut Potatoes ★ Petite Baby Carrots - S ★ Fruit ★ Got Milk | <p>12-13</p> <ul style="list-style-type: none"> ★ Sliced Turkey and Gravy with Stuffing ★ Artisan Roll - S ★★ California Chicken Wrap ★ Creamy Mashed Potatoes ★ Celery Sticks ★ Fruit Cup ★ Got Milk | <p>12-14</p> <ul style="list-style-type: none"> ★★ Manager's Choice ★★ Classic Tuna Sandwich ★ Fiesta Pinto Beans ★ Petite Baby Carrots - S ★ Frozen Juice Slush ★ Got Milk |
| <p>12-17</p> <ul style="list-style-type: none"> ★★ Whole Grain Deep Dish Cheese Pizza - V ★ Fresh Garden Salad ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk | <p>12-18</p> <ul style="list-style-type: none"> ★★ Chicken Tenders ★ Corn Muffin ★ Roasted Potato Wedges ★ Cucumber Coins ★ Frozen Fruit Cup ★ Got Milk | <p>12-19</p> <ul style="list-style-type: none"> ★ Salisbury Steak with Gravy ★ Artisan Roll ★ Creamy Mashed Potatoes ★ Petite Baby Carrots - S ★ Fruit - S ★ Got Milk | <p>12-20</p> <ul style="list-style-type: none"> ★★ Turkey Burger ★ Fiesta Pinto Beans ★ Fresh Garden Salad ★ Fruit Cup ★ Got Milk | <p>12-21</p> <ul style="list-style-type: none"> ★ Oven Fried Chicken Drumstick ★ Artisan Roll - S ★ Waffle Fries ★ Petite Baby Carrots - S ★ Frozen Juice Cup ★ Got Milk |



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12-27

12-28

WINTER RECESS – Happy Holiday Season!

Posted 11/29/18

 **All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable

S: Items with an **(S)** can be saved for later

V: Vegetarian items

**Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

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